

TEAM WORK

'The process of working collaboratively with a group of people in order to achieve a goal'

Teachers' Notes: Whether in the classroom or on the sports field, effective teamwork can produce incredible results. However working successfully as a team is not as easy as it may seem. This lesson will encourage pupils to work in teams to achieve results. This lesson needs to be taught in an open space (school hall, outside area) rather than a classroom.

Learning Outcomes:	
<ul style="list-style-type: none"> • Students will understand what is meant by teamwork and the main principles of it • Students will be able to apply teamwork skills to a practical session, working towards the Values of friendship and equality 	
Type:	Activities:
Game	<p>Play a game of rock, paper, scissors, catch</p> <ul style="list-style-type: none"> • Students are split into two equal teams. They get together in their teams and decide that the team as a whole is going to play 'rock', 'paper', or 'scissors'. They then "face off" at the centre line of a gym/field and on the count of three they play rock, paper, or scissors. • Remember, paper beats rock, rock beats scissors, and scissors beats paper. • Whoever wins then chases the other team to the end line of the field or gym and catches as many people as they can on the way. Those that are caught now join the other team. The game continues until all the players from one team are caught. This game is suitable for all ages.
Game	<p>Play the bench challenge game</p> <ul style="list-style-type: none"> • Split the class into groups of 6 and give each group a bench to stand on • Explain they must work as a team to do the following tasks without falling off the bench. <ul style="list-style-type: none"> • Alphabetical order • Birthday order • Height order • House number
Game	<p>Play a game of Dr Tangle.</p> <ul style="list-style-type: none"> • Split class into groups of 5-10 students. Tell them to stand in a circle facing inwards. Everyone should put their left hand in the circle and hold someone else's left hand. Then everyone puts in their right hand and holds someone else's right hand. Without letting go of each other's hands, the children should untangle themselves! It is possible, if they work as a team.
Game	<p>Play the Counting Game</p> <ul style="list-style-type: none"> • The class sits in a circle. One person at a time, but in no planned order or pattern, the group needs to count from one to ten. If two people speak at once, they must start again from one. If you get past ten...see how high you can go!
Discussion	<p>Discuss what team work means and why it is important. Write ATHLETE on a large sheet of paper or board. Ask the class to identify who might be on an athlete's team.</p>
WORK THAT CAN BE SUBMITTED:	
<p>Students are to design a poster reflecting an athlete and who is on 'their team'</p>	